

DID YOU KNOW?

- Up to 40% of dementia worldwide is preventable if we tackle the risk factors within our control.
- Nutrition is one of the key reversible risk factors for Alzheimer's disease, along with smoking, obesity and high blood pressure.
- Carotenoids, omega-3 fatty acids and vitamin E naturally gather in the brain from our diet.
- Alzheimer's and Macular Degeneration patients have been shown to be deficient in carotenoids.
- ReMind™ was developed after six years of clinical trials investigating supplementation on healthy individuals, those with mild cognitive impairment and those with Alzheimer's Disease.
- Every new batch of ReMind is independently tested every 3 months to certify ingredient quantity and stability.



DHA contributes to the maintenance of normal vision and brain function. The beneficial effect is obtained with a daily intake of 250mg DHA. Food supplements should not be used as a substitute for a varied and balanced diet. Always read the label.

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This supplement formulation should be used as part of the overall management of Alzheimer's disease.



Prof John Nolan, Nutrition Research Centre Ireland

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Keep your memories safe and protect your brain health with ReMind patented supplement

Available from pharmacies or order online from The Body Doctor.

Distributed by

THE BODY DOCTOR.



the-body-doctor.com



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Why ReMind?

ReMind™ helps to replenish the protective nutrients that naturally gather in the eye and brain to support healthy brain function and normal vision.

- Carotenoids
- Omega-3s
- Vitamin E



- ✓ Tested & verified in the Re-MIND clinical trial at South East Technological University, Waterford.
- ✓ Approved by Supplement Certified for quality, ingredient quantity and shelf-life stability
- ✓ Diabetic friendly and gluten free

💡 Take your 3 daily capsules, all at the same time with food. No need to space out during the day.

💡 If you eat porridge for breakfast, take ReMind at lunch or dinner instead. The oat fibre can inhibit the absorption of carotenoids into the blood.

Our Ingredients

Only ReMind™ combines Carotenoids, Omega-3 fatty acids and Vitamin E to deliver synergistic benefits to the eyes and brain.



CAROTENOIDS

Lutein, Meso-Zeaxanthin and Zeaxanthin are powerful plant nutrients, found in green leafy vegetables and trout skin. Studies have established that Alzheimer's and AMD patients are deficient in carotenoids.



OMEGA-3 FATTY ACIDS

DHA and EPA, make up 40% of the brain and play an important role in maintaining brain structure and function. They also help support our vision.



VITAMIN E

An important antioxidant that protects cells from damage associated with oxidative stress caused by free radicals.



3 CAPSULES A DAY GIVES YOU

- 500mg DHA Omega-3 fatty acids
- 150mg EPA Omega-3 fatty acids
- 15mg Vitamin E
- 10mg Lutein (carotenoid)
- 10mg Meso-Zeaxanthin (carotenoid)
- 2mg Zeaxanthin (carotenoid)

Trust science Choose ReMind

Looking after our overall brain function is important at every age.

The ReMind™ formulation was specifically designed to reflect the very latest scientific understanding of brain nutrition. The active ingredients in the ReMind™ formulation are already found in the brain. ReMind™ has been scientifically researched by leading scientists at South East Technological University (SETU) to investigate how it supports normal brain function.

The ReMind patented formula combines carotenoids and the power of Omega-3s. Omega-3 fatty acids are one of the key building blocks of the brain, with DHA fatty acids making up 40% of our brain. Carotenoids have been discovered in our eyes (at the macula) and our brains.

- ✓ Supports normal vision & brain function
- ✓ Unique supplement with Omega-3s & Carotenoids
- ✓ Tested & verified by Supplement Certified
- ✓ All-natural ingredients